

FOR IMMEDIATE RELEASE

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Media Contact: Alice Violet

Phone: 860-738-8796

Email: info@aliceviolet.com

THE MEDICINE OF THE FUTURE IS HERE

An ancient modality re-discovered.

Every living thing has an innate *healthy* frequency. Certain sounds bombard us causing illness while sounds in the proper frequency range facilitate healing. We have become so accustomed to certain sounds that many of them seem to go unnoticed, until one is missing or different then we react. Does hearing a certain song on the radio change your mood? Do you need to have a fan running to fall asleep? What is the importance of sound in our world and how does it affect us? Sound is created by tones and frequencies that cause a vibrational energy to move through matter as a wave, so we not only hear the sound but we feel it as well. Many generations of many different cultures have used sound to create unity amongst members of a group, whether it's to celebrate a successful harvest, or to prepare for battle, sound has been there to facilitate the mood. That could also be the reason that every good party has some type of dance music.

Intuitive Sound Healer Alice Violet has innate understanding using the vibrations from sound to bring about the state of resonance, or balance. Weaving the resonant sound waves from crystal and Tibetan singing bowls, vibrational tuning forks, and even her own voice, Alice balances energy as the mind, body and spirit work together as one harmonious instrument. Edgar Cayce and Nostradamus predicted that sound would be the Medicine of the Future, well, the future is here and Alice Violet makes healing with sound the Medicine of Today.

Healing doesn't stop when the body feels better, we are surrounded by energy, some positive and some negative, to maintain a healthy lifestyle one needs to heal all aspects of life, including home or office. Alice Violet also specializes in Space Revitalization™, which is the art of purifying negative energy or removing lingering spirits from the spaces we live and work in. She understands that once we heal the mind body spirit connection we also need to clear the spaces we spend the most time in, so as not to recreate the blockages again.

Alice Violet has a fulltime healing practice traveling throughout New England and NYC. She is the resident Sound Healer at two Connecticut 5-star 5-diamond spas, the MAYFLOWER INN & SPA and WINVIAN. She appeared on the Good Morning America show and will be in an upcoming documentary film, "The Sound You Feel". She specializes in energy clearing for people, their pets, homes and businesses.

For more information or to make an appointment please call (860) 738-8796 or email her at info@aliceviolet.com.